

Matauri Bay School



Policy:

Health

The health of the children is a live issue in our community. The school needs to be seen to be taking an active role in promoting good health for the children.

Aim:

To develop a positive approach, attitude and practice in the children which will contribute towards healthy living. In doing so the children will be assisted to assume an increasing responsibility for their own well-being.

Purpose:

1. To provide a process through which the children will acquire knowledge that will increase their knowledge of themselves and others.
2. To encourage an enjoyable, healthy and safe lifestyle by providing programmes and experiences which show health values, needs and traditions.
 - a) To promote an awareness of health and safety issues that face the children and others within the school and the community.
 - b) To eliminate within the health programme, cultural sensitivity.
3. To ensure within the health programme, cultural sensitivity.
4. To provide for regular review of health programme.

Guidelines:

1. The nine themes outlined in the Health Syllabus will be followed in teaching programmes, Building Self Esteem, Eating for Health, Caring for the Body, Physical Activity for Health, Staying Healthy, Keeping Safe, Relating to others finding Out about Helping Agencies, Having a Role in the Community, Health Issues thus ensuring width of coverage.
2. Provide situations for the children to take personal responsibility for their own further development.
3. Parents are to be included in as much information sharing as possible regarding the health programme.
4. Provide opportunities for the community to share information and health related issues.
5. Ensure regular visit from/to health professionals followed and or preceded by appropriate information sharing with care givers.
6. Review the programme at Board level annually.

Adopted November 2012

(Replacing earlier policy, Pre May 1995)

Reviewed: